



**TOBAGO REGIONAL HEALTH AUTHORITY
HUMAN RESOURCES DEPARTMENT
JOB DESCRIPTION**

Job Title	Physiotherapist I
Department	Physiotherapy Department
Reports to	Physiotherapist II
Head of Department	Physiotherapist III
Supervision Provided to	Rehabilitation Assistants, Physiotherapist Interns, Physiotherapy Students.

JOB SUMMARY

The Physiotherapist I provides direct Physiotherapy care to a mixed caseload of adult and paediatric clients who have been affected by injury, disease, or other causes. The incumbent will identify functional challenges, creating individualized treatment and discharge programs for patients, families, and/ or their caregivers, and will also be expected to manage their caseload independently with supervision provided by senior Physiotherapists. In addition, the Physiotherapist I works as part of a multidisciplinary healthcare team and will be expected to actively contribute to injury and illness prevention and wellness strategies and programs of the unit to which they are attached.

PRIMARY DUTIES & RESPONSIBILITIES

- Demonstrates and articulates sound clinical reasoning in synthesizing evaluation data, identifying diagnosis and developing a comprehensive plan of care in collaboration with the patient and family, related to the person's age and lifestyle.
- Adopts examination methods suitable and appropriate for the client; these techniques should also be evidence-based and culturally appropriate.
- Assists patients and their families to utilise readily available resources to create functional environments within their personal living spaces.
- Identifies, selects and provides a wide range of intervention strategies and monitors their effectiveness
- Follows intervention protocols and alters plan of care appropriately ensuring timely and concise documentation in accordance with approved standards and policies
- Educates patients, relatives and caregivers on the presenting condition and continued management

- Discharges patient when goals have been met or medical necessity no longer warrants intervention
- Collaborates and cooperates with supervisors, peers and other healthcare professionals to contribute to overall productivity of the team
- Uses and monitors usage of equipment and reports any malfunctioning or non-functioning equipment to department head and to department concerned for repair
- Accurately collects and collates patient statistics accurately and within the expected time frame to track treatment paths and results and to improve future treatment strategies
- Provides outreach and learning activities as requested which may include: in-services on related topics, generating referrals, and interacting with volunteers and visitors.
- Accesses emerging information relevant to area of practice and determines the potential for applicability to personal practice.
- Utilises technology to support patient's objectives to enhance patient's self-reliance and autonomy.
- Adheres to protocols, guideline, policies and procedures relevant to Accreditation Standards, Public Health, Infection Control, Occupational Health and Safety, MoH/DHWSP, Registering Board/Association and the TRHA
- Performs other related duties as assigned

CREDENTIALS AND EXPERIENCE

- BSc. Degree/ MSc Degree /Doctoral Degree in Physiotherapy/Physical Therapy from an accredited educational institution.
- Minimum of one (1) year post clinical training/internship experience.
- Current registration with Physiotherapists' Board, Council of Professions Related to Medicine, Trinidad and Tobago.

KNOWLEDGE, SKILLS AND ABILITIES

- Knowledge of the methods and techniques employed in physical therapy including positioning of patients, adjusting and operating equipment.
- Current knowledge of healthcare regulation and legislation as it relates to Physical Therapy.

- Physical ability to execute job responsibilities that may include: transferring and/or lifting patients or equipment, managing equipment.
- Robust knowledge base, problem solving and clinical reasoning skills and the ability to treat the client as an individual.
- Proficient in Microsoft Office and Teleconferencing

SPECIAL REQUIREMENTS

- Willing to work overtime, public holidays and weekends as requested:
 - o The incumbent is required to perform Emergency On-call duties based on an On-call roster as directed by the Essential Service Industry Standards for a 24-hour Health Care System.
 - o The incumbent is also required to work in a shift environment covering 24 hours per day, 7 days per week.
- The incumbent will be required to accept additional responsibility in the event of an emergency or disaster